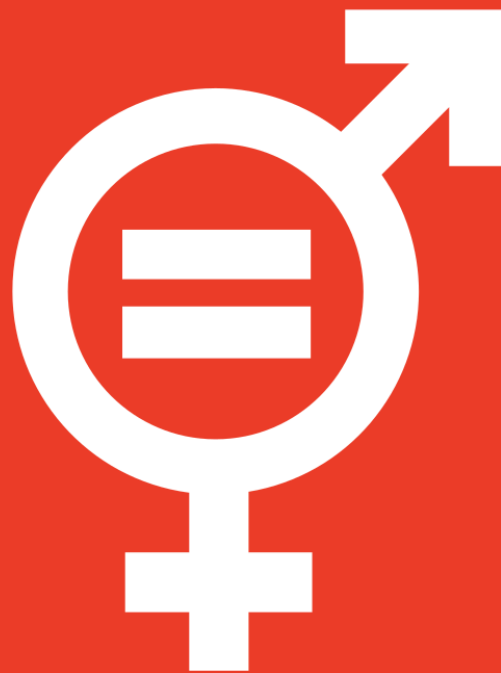


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GENDER EQUALITY



SDG 5 and Gender Equality: A Brief Insight

Sustainable Development Goal 5 (SDG 5) stands as a powerful commitment on the global stage, dedicated to achieving gender equality and empowering all women and girls.

The key objectives of SDG 5 include the elimination of harmful practices, such as child marriage and female genital mutilation, and ensuring equal opportunities in leadership roles.

By advocating for equal access to education, healthcare, and economic opportunities, SDG 5 strives to create a world where gender does not dictate one's potential or opportunities.

In essence, SDG 5 serves as a catalyst for transformative change, urging nations to break down societal barriers, challenge stereotypes, and foster an environment where every individual, regardless of gender, can thrive.



My Worth Project Bridging the Gender Gap

In the vibrant city of Lucknow, a powerful initiative called "My Worth" is making waves in 15 schools, thanks to the support of the HCL Foundation.

This project, spearheaded by MAMTA-HIMC, is not just a local endeavor; it aligns itself with global aspirations to eliminate gender disparities.

Let's dive into the details of how this initiative is actively contributing to Sustainable Development Goal 5 (SDG-5), which revolves around ending discrimination and violence against women and girls to achieve true gender equality.



How does this project work

Every now and then, we have a special meeting where we get together with important people like school leaders, teachers, community members, and program organizers.

We talk about the good things we're doing in schools to keep them clean and healthy, and we make plans for what to do next.

This meeting is super important because it helps us make sure our program to make schools better stays on track.

We want to keep working together to make sure students in Lucknow have a school environment that's good for learning and staying healthy.



"My Worth" Redefining Gender Standards

The core mission of "My Worth" is as bold as it gets - to reshape societal norms and chip away at gender inequities. It's not just about talking the talk; it's about walking the walk.

The program has a multi-faceted approach, focusing on boosting the self-efficacy of women and girls. It's about arming them with life skills that go beyond textbooks and classrooms.

We have been conducting sessions addressing key aspects such as gender equality, menstrual hygiene, WASH awareness, nutrition, and positive parenting.

These sessions empowered parents and teachers with essential knowledge and skills for the well-being of our community, particularly children.

The ultimate goal is to empower them to make decisions, not just for themselves but for the collective fight against gender inequality.



From Classrooms to Communities: "My Worth" in Action

The impact of "My Worth" extends far beyond the school gates.

By instilling confidence and decision-making abilities, the program equips girls and women to be advocates for gender equality in their homes, families, and the broader community.

It's not just about personal growth; it's about creating a ripple effect that transcends generations.



HCL Foundation's Catalyst Role in "My Worth" Success

None of this would be possible without the unwavering support of the HCL Foundation. Their backing has transformed "My Worth" from a mere idea to a transformative force in the lives of many.

The collaboration has allowed for the implementation of the program in 15 Lucknow-based schools, setting the stage for a broader impact.



Aiming High: "My Worth" and Sustainable Development Goal 5

At its core, "My Worth" is a living embodiment of Sustainable Development Goal 5. SDG-5, with its focus on ending all forms of discrimination and violence against women and girls, aligns seamlessly with the principles of "My Worth."

The project is a testament to the fact that change starts at the grassroots level, in classrooms where young minds are molded to become catalysts for broader societal shifts.

In conclusion, "My Worth" is not just a program; it's a movement that challenges norms, empowers individuals, and contributes to a world where gender equality is not just an ideal but a reality.

The collaboration between MAMTA-HIMC and the HCL Foundation exemplifies the potential that partnerships have in driving meaningful change.

The journey from Lucknow's schools to global aspirations is a testament to the power of initiatives like "My Worth" in bridging the gender gap.

Key Terms:

Sustainable Development Goal 5 (SDG-5): A global goal aiming to end discrimination and violence against women and girls, promoting gender equality.

Gender Inequities: Disparities and inequalities based on gender, which "My Worth" aims to eradicate.

